

ODIYAN

Classes/Discussion groups/updated 2017

Sunday 10:00 – 11:00 am

Dimensions of Mind

Study Hall

Sunday 11:00 – Noon

Tibetan Intermediate

Study Hall

Tuesday 7:15- 8:15 am

Dharma Study

Openness Mind

Self-Knowledge and Inner

Peace through Meditation

by TT Rinpoche

South Reading Room

Thursday 7:15- 8:15 am

Kum Nye Tibetan Yoga

Dining Room

Friday 7:15- 8:15 am

Journey to Fulfillment by

TT Rinpoche - Study/Discussion

South Reading Room